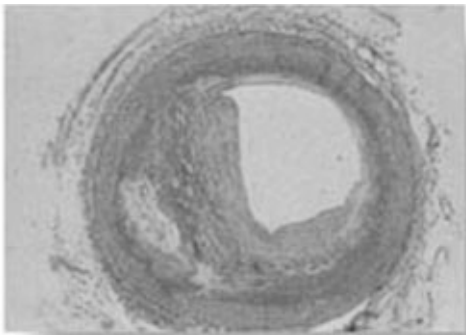


## High blood pressure Quiz 7



1. Everyone's heart is a \_\_\_\_\_.

- A. Plant
- B. Pump
- C. Pipe



2. When the artery is clogged, the heart has to \_\_\_\_\_.

- A. Beat faster
- B. Beat slower
- C. Work harder



3. When a vein or artery breaks inside the brain, it's called \_\_\_\_\_.

- A. A heart attack
- B. A stroke
- C. High blood pressure

## High blood pressure Quiz 7



4. When a person has a stroke, they often can't \_\_\_\_\_.

- A. Eat and drink
- B. Laugh and cry
- C. Walk and talk



5. When an artery is blocked and blood stops going to the heart, it called \_\_\_\_\_.

- A. A stroke
- B. High blood pressure
- C. A heart attack



6. Many people don't have symptoms before they have a heart attack, so heart disease is known as the \_\_\_\_\_.

- A. Symptom killer
- B. Slow killer
- C. Silent killer

## High blood pressure Quiz 7



7. High blood pressure is more common in \_\_\_\_\_ people.

- A. Shorter
- B. Younger
- C. Older



8. Some women get high blood pressure, when they are \_\_\_\_\_.

- A. Single
- B. Married
- C. Pregnant



9. A healthy blood pressure is \_\_\_\_\_ or less.

- A. 140/100
- B. 120/80
- C. 130/90

## High blood pressure Quiz 7



10. You can lower your blood pressure, if you \_\_\_\_\_.

- A. Eat more meat
- B. Get more exercise
- C. Watch more TV