

- 1. If you have type 2 diabetes, doing this can lower your blood sugar.
 - A. Getting sleep
 - B. Getting exercise
 - C. Watching TV



- 2. If you have type 2 diabetes, doing this can lower your blood sugar.
 - A. Gaining weight
 - B. Losing weight
 - C. Getting older



- 3. If diabetes is not treated, you can have serious health problems like _____.
 - A. Headaches
 - B. Stomach aches
 - C. Heart disease



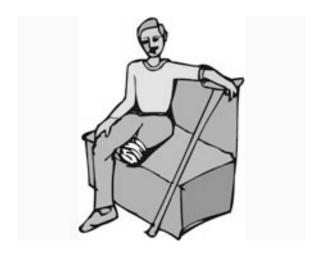
- 4. If you have diabetes, you can have serious problems like _____.
 - A. Losing your sight
 - B. Gaining weight
 - C. Getting a fever



- 5. If you have diabetes, you can have serious problems with your _____.
 - A. Ears
 - B. Nose
 - C. Teeth



- 6. If you have diabetes, you can have serious problems with your _____.
 - A. Ears
 - B. Fingers
 - C. Feet



7. If diabetes is not treated people can lose their _____.

A. Hair

B. Arm

C. Leg



8. To control diabetes many people have to do this every day.

A. Drink tea

B. Eat meat

C. Take medicine



9. People with diabetes check their own

A. Blood Pressure

B. Blood sugar

C. Temperature



- 10. People with diabetes can live a healthy life, if they keep their blood sugar _____.
 - A. High
 - B. Low
 - C. Up