## Nutrition Quiz 2

1. This food has a lot of $\qquad$ .

A. Carbohydrates
B. Sugar
C. Fat
2. This food has a lot of $\qquad$ .

A. Protein
B. Carbohydrates
C. Sugar

3.This food has a lot of $\qquad$ .
A. Protein
B. Carbohydrates
C. Fat

## Nutrition Quiz 2

4. This food has a lot of $\qquad$ .

A. Protein
B. Carbohydrates
C. Sugar
5. This food has a lot of $\qquad$ .
A. Protein
B. Sugar
C. Fat

6. This food has a lot of $\qquad$ .
A. Protein
B. Carbohydrates
C. Fat

Nutrition Quiz 2

7. This food has a lot of $\qquad$ .
A. Protein
B. Sugar
C. Carbohydrates

8. This food has a lot of $\qquad$ .
A. Protein
B. Sugar
C. Fat

9. This food has a lot of $\qquad$ .
A. Protein
B. Sugar
C. Fat

Nutrition Quiz 2

10. This food has a lot of $\qquad$ .
A. Sugar
B. Carbohyrates
C. Fat

