

LaRue Medical Literacy Exercises 2

Quiz Number 1

1. B. sugar
2. A. Calories
3. C. Fats, Proteins and Carbohydrates
4. A. Oil
5. C. Cheese
6. A. Bread
7. C. High blood pressure, heart disease, or diabetes
8. Fat, Protein and Carbohydrates
9. B. Sugar and Salt
10. C. Serving

Quiz Number 2

1. A. Carbohydrates
2. A. Protein
3. B. Carbohydrates
4. A. Protein
5. C. Fat
6. B. Carbohydrates
7. C. Carbohydrates
8. A. Protein
9. B. Sugar
10. C. Fat

Quiz Number 3

1. C. Fat
2. B. Sugar
3. C. Protein
4. B. Carbohydrates
5. C. Carbohydrates
6. B. Sugar
7. C. Protein
8. C. Fat
9. B. Sugar
10. A. Sugar

Quiz Number 4

1. A. Brand A
2. B. Brand B
3. B. Brand B
4. B. Brand B
5. A. Brand A
6. A. Brand A
7. B. Brand B
8. A. Brand A
9. A. Brand A
10. A. Brand A

Quiz Number 5

1. B. Sugar
2. B. A pregnant woman
3. C. Older
4. C. Family
5. C. African-American, Asian American and Hispanic Americans
6. B. Feeling very thirsty
7. A. Feeling very tired
8. C. Blurry vision
9. B. Sugar
10. C. Day

Quiz Number 6

1. B. Getting exercise
2. B. Losing weight
3. C. Heart disease
4. A. Losing your sight
5. C. Teeth
6. C. Feet
7. C. Leg
8. C. Take medicine
9. B. Blood sugar
10. B. Low

Quiz Number 7

1. B. Pump
2. C. Work harder
3. B. A stroke
4. C. Walk and talk
5. C. A heart attack
6. C. Silent killer
7. C. Older
8. C. Pregnant
9. B. 120/80
10. B. Get more exercise

Quiz Number 8

1. A. Brand A
2. A. Brand A
3. A. Brand A
4. A. Brand A
5. B. Brand B
6. A. Brand A
7. A. Brand A
8. A. Brand A
9. B. Brand B
10. B. Brand B